

**ACTION PACK**



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**Raise your voice**  
for the forgotten  
victims of conflict

1<sup>st</sup>-10<sup>th</sup> December 2019



# THE FORGOTTEN 10 IS TURNING 10!

Inside this action pack you'll find out how you can take action this December to support the forgotten victims of conflict. Whether writing to your MP or holding a fundraising event, you will be making a real difference.

Over the last ten years, clubs, schools, and individuals around the UK have taken hundreds of inspiring actions as part of the Forgotten 10. Since 2016, over £16,275 has been raised by the Soroptimist International clubs alone. Let's see if we can make it to £20,000!

This year, as we move into a crucial phase of the Stop Bombing Civilians campaign, your fundraising and campaigning efforts will have even more impact.

We are also going eco-friendly and saving paper! You can now sign up online and download your resources. But don't worry if you can't print at home - just let us know and we will send you paper copies in the post.



# STOP BOMBING CIVILIANS

Explosive weapons tear apart lives, rupture families, and destroy whole communities.

We need your help now to massively increase the signatures for the Stop Bombing Civilians petition and to write to your MP about the campaign.

With major international meetings coming up that have been years in the making, it is vital that we hold the UK government to account to protect the most vulnerable families living with the daily risks of warfare.

**OVER 32,110 CIVILIANS  
WERE KILLED OR INJURED BY  
EXPLOSIVE WEAPONS  
IN 2018.**





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## Wafa's Story

In July 2012, Wafa (above left) was badly injured when three bombs fell on her house in Homs, Syria.

*“When I came out of the coma, my burns and my leg were terribly painful,” she says. “But this pain was nothing compared to what I felt when I learnt that learned that four of my children had perished. I could not protect them...”*

The following year, while Wafa was four months pregnant, her husband was killed in another bombing. Wafa and her three daughters escaped to Jordan, where they received rehabilitation and psychological support from Humanity & Inclusion's team. Now, Wafa can move around on crutches, although still with a lot of pain. She hopes to find a peaceful life.

**Your action this December will help to provide rehabilitation for injured and disabled people like Wafa and protect more civilians in the future.**



# £500 COULD HELP OUR DEMINING TEAMS CLEAR 1,500M<sup>2</sup> OF LAND.

Every year, thousands of people are killed or injured by a landmine or cluster bomb. Our courageous deminers clear contaminated land to prevent tragedies and allow communities to live without fear.

Bijou clears landmines with HI's team in the Democratic Republic of Congo. "I'm proud of what I do," she says. "Villagers often thank us personally."

**1,500m<sup>2</sup> is the size of an Olympic swimming pool. Could you help our deminers make an area safe again?**



# ORGANISE AN EVENT

The simplest actions can have a huge impact. Why not combine our ideas below with events of your own that are already happening – like carol services, talks, or pub quizzes!



© joioromancer/Instagram

## Tea at 10

A good cup of tea is a great way to bring people together to support an important cause. You could also spread the word about the Stop Bombing Civilians campaign by making a display and collecting signatures for the petition. We even have posters to let everyone know about your event.

As it'll be nearly Christmas, why not bring out the mince pies?

## Every Step Counts

Whether you lead a wintery fundraising walk through the British countryside, or go out collecting petition signatures around your home town, every step you take makes a difference for the forgotten victims of conflict. We've got posters, petition sheets, and sponsorship forms ready for you to use.



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## HOW TO SIGN UP!

Once you have decided how you want to get involved, please let us know by signing up online at:

[humanity-inclusion.org.uk/F10](https://humanity-inclusion.org.uk/F10)

or emailing us on [campaigns.uk@hi.org](mailto:campaigns.uk@hi.org)

Once you sign up you will be able to download all the resources you need to help with your event.

If you're not able to print please do let us know - we can send you paper copies in the post for free

We can also provide extra materials like t-shirts, donation boxes, and more. We'd love to attend your event as well!





# THE POWER OF THE PEN

With leaders meeting around the world in the coming months, your actions to drive change now will add to the growing international momentum towards stopping the use of explosive weapons in populated areas.



© Claire Soubrie/HI

## Sign the petition

Strength can be found in numbers. By signing the Stop Bombing Civilians petition yourself, or by collecting signatures from members of the public, you will be taking an important stand against indiscriminate bombing and violence.

## Write to your MP

Towards the end of the year, we are planning a big campaign push towards MPs and we need supporters across the country to take part. We aim to put pressure on the UK government to do more to protect civilians from the use of explosive weapons in populated areas.

Sign up for the Forgotten 10 today and we will email you more details when the campaign action launches in October.



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# YOU CAN GIVE HOPE AND A FUTURE TO CHILDREN LIKE ERADA.

Erada, pictured below on the right, is just seven years old. This innocent little girl was horrifically injured in an air strike while she was playing outside her house in Yemen.

HI's rehabilitation team took care of Erada immediately after her leg was amputated. She was desperate, sad and frustrated. We fitted her with a prosthesis and gave her psychological and rehabilitation support. Now, slowly, she is finding her smile again.

**Together we can ensure that the voices of children like Erada are not forgotten.**





# MAKE A DONATION

Millions of people worldwide are living with the threat of explosive weapons. Every day more innocent civilians are killed or injured. You can help us change this now.

**I want to help save lives and limbs. Please find enclosed a gift of £ \_\_\_\_\_**

Title \_\_\_\_\_ First name \_\_\_\_\_ Surname \_\_\_\_\_

Name of club/group/school (if applicable) \_\_\_\_\_

Home address \_\_\_\_\_

Postcode \_\_\_\_\_ Tel \_\_\_\_\_

Email address: \_\_\_\_\_ @ \_\_\_\_\_

## Keeping in touch

- ☐ I would like to receive updates by email. ☐ I would like to receive updates by phone.  
☐ I would like to receive updates by post.

## Donation details

☐ I enclose a cheque / postal order / CAF voucher (made payable to Humanity & Inclusion UK)

☐ Please debit my: ☐ Mastercard ☐ Visa ☐ Maestro ☐ CAF card

Card Number:

Valid from: Expiry date: Security code: Issue number (Maestro only):

Comments or info about your fundraising: \_\_\_\_\_

*giftaid it*

**Boost your donation  
by 25p of Gift Aid for  
every £1 you donate.**

Gift Aid is reclaimed by Humanity & Inclusion from the tax you pay for the current tax year. **In order to Gift Aid your donation you must tick the box below:**

- ☐ I want to Gift Aid my enclosed donation and any donations I make in the future to Humanity & Inclusion. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.  
☐ I am not a UK taxpayer.

Please notify Humanity & Inclusion if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher rate or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

## Where to send your gift

Humanity & Inclusion UK (Forgotten 10)  
9 Rushworth Street, London SE1 0RB

## Contact us for more information

Tel: 0330 555 0156 Email: [campaigns.uk@hi.org](mailto:campaigns.uk@hi.org)

[humanity-inclusion.org.uk/F10](http://humanity-inclusion.org.uk/F10)



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